

RAJKIYA MEDICAL COLLEGE :: JALAUN (ORAI) U.P.


No. 2639/RMC/2021

Dated: 25/01/2021

Office- order

In reference to letter No. NMC/Secy/2020/05 dated-25.11.2020 and guideline for Re-opening of Medical colleges post lockdown dated- 29 nov. 2020. Foundation course is going to start from 2nd feb 2021 all the preventive measure will be followed by the Students and teachers according to guideline of NMC. It is inform to all student admitted in first professional to be present at 8.00 AM on above Date.

Enclosure- Schedule of foundation course.


(Dr. D. Nath)
Principal

No. / RMC/2021.....

Copy- forwarded to following for information & necessar action.

1-M.E.U. Coordinator R.M.C. Jalaun(Orai).


2-C.M.S. R.M.C. Jalaun (Orai).

3- All H.O.D. Rajkiya Medical College Jalaun (Orai).

4-Nodal officer Foundation course R.M.C. Jalaun (Orai).

5-1st year warden boys and girl Hostel R.M.C. Jalaun (Orai)

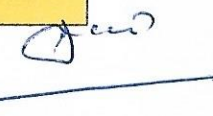
arrangement of rooms to be made by 1st feb. 2021.


(Dr. D. Nath)
Principal

FOUNDATION COURSE TIME TABLE (2- 14 FEB. 2021)

RAJKIYA MEDICAL COLLEGE, JALAUN,ORAI-285001

DAY/TIME	8AM-9AM	9AM-10AM	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	2PM-4PM
DAY 1 2/2/2021 TUE	Welcome Address by Principal/ dean: PROF. Dr. D.NATH Introduction of faculty of Phase1 : (Coordinator) Dr. Soobia Karim Ansari Introduction by Students: (Nodal) Dr. Santosh Kumar Verma Meeting with parents: (CMS) Dr R K Singh			Tour of College & Allotment of hostel Boys- (warden) Dr Alok Singh, Dr Hasmatullah Girls- (warden) Dr Afreena, Dr Lata Sachan		LUNCH	Hospital visit – BATCH A Anatomy dept- BATCH B Physiology dept- BATCH C Biochemistry dept- BATCH D
DAY 2 3/2/2021 WED	Rules & Regulations of the institution: Dr Manoj Verma Attendance and Assessment criteria – Dr Soobia Karim Ansari Anti-Ragging rule: Dr Manoj Verma Use of Library Facility & How to use College website ; Dr Manoj Verma			Role of doctor in society&itsimportance: (CMS) Dr R K Singh Introduction to medical profession : (Vice Principal) Dr R N Kushwaha			Hospital visit- BATCH B Anatomy dept- BATCH C Physiology dept- BATCH D Biochemistry dept- BATCH A



DAY 3 4/2/2021 THURS	Overview of MBBS Curriculum: (Biochem) Dr Rajiv Nehra	History of Medicine & Alternate Systems: (Pharma) Dr Piyush Mishra	Various career pathways & opportunities for personal growth (Biochem) Dr Afreena Nasir	Hospital visit-BATCH C Anatomy dept –BATCH D Physiology dept-BATCH A Biochemistry dept-BATCH B
DAY 4 5/2/2021 FRI	Doctor Patients relationship (Physio) Dr Lata Sachan	History of Outbreaks, Epidemics & Pandemics: (Medicine) Dr Nutan agarwal	Principles of Family Practice : (Medicine) Kuldeep Chandel	Hospital visit-BATCH D Anatomy dept-BATCH A Physiology dept-BATCH B Biochemistry dept-BATCH C
DAY 5 6/2/2021 SAT	IMG- roles : (Physio) Dr Parth Sarthi	Medical Record : (SPM) Dr Neha Mishra	First Aid :(Surgery) Dr Ashish Chaudhary	Documentation-Visit to MRD Section : (SPM) Dr Neha Mishra
DAY 6 7/2/2021 SUN	Patient safety & Biohazard safety (Micro) Dr Pradeep km. Gupta	Universal precaution (Micro) Dr Ramesh Yadav	Infection control practice: (Micro) Dr Gopal Kumar	
DAY 7 8/2/2021 MON	Waste management practice; (Micro) Dr Gopal Kumar	Visit to immunization clinic: (Paedia) Dr G S Chaudhary	Immunization Schedule: (Paedia) Dr S K Gautam	

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DAY 8 9/2/2021 TUE	Immunization requirements of health care professionals – (Paedia) Dr chavi Jaiswal	BLS : (Anesthesia) Dr Apoorva Agarwal		Concept of Biosafety, Handling Biomaterial: (Micro) Dr Ramesh Yadav
DAY 9 10/2/2021 WED	Needle,scapel,stick injury : (Surgery) Dr Balram	Introduction to Research Methodology; (Ana) Dr Alok Singh	Holistic Medicine –(Physio) Dr Prashant Bhatnagar	Palliative care ; (Surgery) Dr Rahul Litoria
DAY 10 11/2/2021 THURS	Body,blood & organ donation: (anatomy/blood bank) Dr Hasmatullah, Dr Masooq Siddiqui	Health care systems in india with referene to primary,secondary and tertiary level care:(SPM) Dr Arshiya Masood Siddiqui	Structure and functioning of CHC :(SPM) Dr Arshiya Masood Siddiqui	National health policy & goals :(SPM) Dr Sujan Singh
DAY 11 12/2/2021 FRI	Community visit-Interaction with patients and families : (SPM) Dr Shailendra Pratap Singh	Concept of Professionalism & Ethics: (Forensic) Dr Akhilesh Agarwal		Discuss -Consequences & outcome of unprofessional & unethical attitude: (Forensic) Dr Charak Sangwan
DAY 12 13/2/2021 SAT	Altruism-selflessness and concern for the well being of others – (Psychiatry)Dr vishal sinha	Importance & significane of working in a health care team: (SPM) Dr Deepali Raj Singh		Nutrition in health & disease : (SPM) Dr Deepali Raj Singh

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DAY 13 14/2/2021 SUN	Disability competencies-Define & its various types :(Ortho) Dr Manoj Verma	Disability act & etiquette: (Ortho) Dr Gaurav Banoria	Accessible healthcare settings for disability-Emphasis on Locomotor disability – (Ortho) Dr Vivek Niranjana
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TOTAL NUMBER OF HRS COVERED IN 13 DAYS OF FOUNDATION COURSE=13X7=91 HOURS

REST IN & WITH REGULAR TIME TABLE

Note- schedule of visit at 2-4 PM carried by respective faculty;

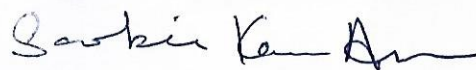
Hospital Visit- (day1) Dr Chavi Jaiswal, (Day2) Dr Sushil kumar, (Day3) Dr Jeetam singh rajput, (Day 4) Dr Meenal Goyal

Anatomy - Dr Alok kumar Singh

Physiology - Dr Prashant Bhatnagar

Biochemistry - Dr Afhreen Nasir

1	ORIENTATION	30 HOURS	COMPLETE
2	SKILL MODULE	35 HOURS	COMPLETE
3	FIELD VISIT TO COMMUNITY	08 HOURS	COMPLETE
4	PROFESSIONAL DEV & ETHICS MODULE	18 HOURS	22 HOURS LEFT
5	LANGUAGE/COMPUTER SKILLS	40 HOURS	40 HOURS LEFT
6	SPORTS & ECA	22 HOURS	22 HOURS LEFT



(Dr. Soobia Karim Ansari)

Prof. & M.E.U. Coordinator



(Dr.D. Nath)

Principal

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REMAINING PART OF FOUNDATION COURSE WITH REGULAR TIME TABLE (STARTING FROM 15 FEB 2021)

WEEK1				
21/2	SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV & ETHICS		(2PM TO 4PM)FC=COMPUTER/LANGUAGE Introduction to computers Basics (PROFESSIONALS)
		Understanding & respect of cultural diversition- Dr S.Kharkwal (Gynae)	Cultural competence-interact with those with different cultural values -Dr Vidya Chaudhary (Gynae)	
WEEK2				
28/2	SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV& ETHICS		(2PM TO 4PM)FC=COMPUTER/LANGUAGE MS Word (PROFESSIONALS)
		Role of yoga and meditation in personal health - Dr Chavi Jaiswal (Paedia)		
WEEK3				
2/3	TUESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE MS Excel (PROFESSIONALS)		
3/3	WEDNESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE MS Excel (PROFESSIONALS)		
7/3	SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV& ETHICS		(2PM TO 4PM)FC=COMPUTER/LANGUAGE Powerpoint (PROFESSIONALS)
		Stress management -Dr Vishal Sinha (Psychiatry)	Lifestyle modification- Dr Sujan Singh (SPM)	
WEEK4				
9/3	TUESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE Web search (PROFESSIONALS)		
10/3	WEDNESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE Web search (PROFESSIONALS)		
14/3	SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV& ETHICS		(2PM TO 4PM)FC=COMPUTER/LANGUAGE Internet Surfing (PROFESSIONALS)
		Different methods of Learning-how student learn ing-	Self directed learning-its role for	

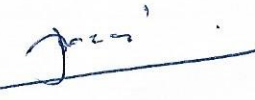
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	Dr G L Nigam (Anatomy)	students -Dr Prashant Bhatnagar	
TUESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE Email communication-create & access (PROFESSIONALS)		
WEDNESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE Email communication-create & access (PROFESSIONALS)		
FRIDAY	(4PM TO 5PM)SPORTS/ECA (PROFESSIONALS)		
SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV& ETHICS		(2PM TO 4PM)FC=COMPUTER/LANGUAGE ONLINE-Class,accessing online resources,assignment submission &question& answers (PROFESSIONALS)
	Group learning & Principles of basic group dynamics- Dr S K Rathore (ENT)	Learning Pedogogy – Dr Saurabh Gupta (Optha)	
TUESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE (PROFESSIONALS)		
WEDNESDAY	(4PM TO 5PM)FC=COMPUTER/LANGUAGE (PROFESSIONALS)		
SUNDAY	(9AM TO 12PM)FC=PROFESSIONAL DEV& ETHICS		(3PM TO 5PM)FC=COMPUTER/LANGUAGE (PROFESSIONALS)
	Interpersonal relationship-Respect to faculty & gratitude -Dr Neeraj Srivastawa (Skin)	Adolescent friendly exposure& gender sensitivity ; Dr Meenal Goyal (Gynae)	
WEDNESDAY	(4PM TO 5PM)SPORTS/ECA (PROFESSIONALS)		
FRIDAY	(4PM TO 5PM)SPORTS/ECA (PROFESSIONALS)		
SUNDAY	(9AM TO 1 PM)FC=PROFESSIONAL DEV & ETHICS		(3PM TO 5PM)FC=COMPUTER/LANGUAGE (PROFESSIONALS)
	Time management-its significance – Dr Arshiya Masood Siddiqui (SPM)	Importance of interpersonal relationship while working in a health care team - Dr Arshiya Masood Siddiqui (SPM)	

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TUESDAY	(4PM TO 5PM)SPORTS/ECA (PROFESSIONALS)	
SUNDAY	(9 TO 11 AM)SPORTS/ECA (PROFESSIONALS)	(11 AM TO 1 PM) C=COMPUTER/LANGUAGE (PROFESSIONALS)
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