

GOVERNMENT MEDICAL COLLEGE, JALAUN (ORAI) U.P.-285001

1ST YEAR MBBS (BATCH-2026-27)- FOUNDATION COURSE

	9-10 am	10-11 pm	11-12 pm	1 2 - 1 p m L U N C H	1-2 pm	2-3 pm	3-4 pm	4-5 pm
Day-1 15.10.2026 Thursday	Allotment of hostel Girls- (warden) Dr Afreena, Dr Lata Sachan Boys- (warden) Dr Prashant Bhatnagar & Dr Nirmal Arya				Allotment of hostel Girls- (warden) Dr Afreena, Dr Lata Sachan Boys- (warden) Dr Prashant Bhatnagar & Dr Nirmal Arya			
Day-2 16.10.2026 Friday	Allotment of hostel Girls- (warden) Dr Afreena, Dr Lata Sachan Boys- (warden) Dr Prashant Bhatnagar & Dr Nirmal Arya				Allotment of hostel Girls- (warden) Dr Afreena, Dr Lata Sachan Boys- (warden) Dr Prashant Bhatnagar & Dr Nirmal Arya			
Day-3 17.10.2026 Saturday	Sports activities Dr Charak Sangwan & Dr Ravinder Rajpoot (8433028732) (8299605365)				Extracurricular activities Dr Chhavi Jaiswal & Dr Minal (7887280756) (8318117103)			
Day-4 21.10.2026 Wednesday	1A-1.5- Introduction to Institution Biochemistry Department Visit Dr Sanju Negi (9411593165) Biochemistry		1A-1.5- Introduction to Institution Hospital Visit - Dr Ashish Dixit (9410488804), Dr Nitin Kumar Singh (7355904782) SPM		1A-1.5- Introduction to Institution Anatomy Department Visit Dr Abhishek Sharma (9956624256) Anatomy		1A-1.5- Introduction to Institution Physiology Department Visit Dr Mridul Porwar (8707092407) Physiology	
Day-5 22.10.2026 Thursday	1B-1.1-Role of Doctor’s in society & its importance Dr R N Kushwaha (9415898178) (Vice Principal)	1A-1.3,1D-1.2 IMG- roles & Expectations of IMG Dr Parth Sarthi (8604506044) (Physiology)	1B-1.1-Doctor Patient Relationship Dr Prem Singh (9451007017) (Medicine)	1A- 1.4-Rules & Regulations of the institution Anti –Ragging Rules Dr Charak Sangwan (8433028732) (Proctor)	1D-1.7 Overview of MBBS Curriculum Attendance & Assessment Criteria Dr Amrita (8449220310) Anatomy	1C-1.10-Alternate System of Medicine Dr Sudha Gangwar (9936665731) (Obs & Gynae)	1E-1.8-Principles of family practice Dr Dhiraj Mahajan (8853436822) (CM)	
Day-6 23.10.2026 Friday	2C-2.5-Infection Control practice Dr Ramesh (8726710788) (Microbiology)	2A-1.5-Body, Blood & Organ donation Dr Naveen Sirohi (9794499137) (Opthamology) Dr Masooq Siddiqui (9415189833) (Blood bank)	3A-3.1-National Health policy and Goals. Structure and functioning of CHC Dr Nitin Km Singh (7355904782) (CM)	2A-1.4-First Aid Palliative Care Dr Shantanu Mishra (8604989050) (Surgery)	2B-1.2- Environmental Emergencies Dr Kamini Rajput (9444710664) (Paedia)	2B-2.1-BLS Dr Devendra Pratap Rathaur (8765645179) (Anesthesia)	2A-1.2Holistic Medicine Dr Harshita (8808442033) (Pathology)	
Day-7 24.10.2026 Saturday	2F-1.3-Introduction to Research Methodology Dr Santosh (9990620834) (Paedia)	2C-2.3-Universal Precautions Dr Pradeep Gupta (8839801226) (Microbiology)	2D-1.1-Bio-Waste management Practice Dr Ramesh (8726710788) Microbiology	4B-4.2-Altruism as a virtue of a Physician Dr Praveen Sachan (Psychiatry)	5A-5.1-Basic communication skills Dr Kuldeep Verma (8303365990) Skin	4J-4.13, 4.14, 4.15-Workshop on Learning skills Pedagogy and its role in learning skills, different methods of self-directed learning Dr Adarsh Dandey (7985604671) (General Surgery)		

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Day-8 26.10.2026 Monday	2B-2.5-Hand washing technique Dr Pradeep Km Gupta (8839801226) (Microbiology)	2E-1.2-Immunization schedule 2E-2.8-Immunization requirements of health care professionals Dr Divya Pipriya (7906207885) (Pedia)	2D-1.2-Concept of Biosafety, Handling Biomaterial Dr Ramesh (8726710788) (Microbiology)		2A-1.2-Needle, Scapel, Stick Injury Dr Sudhanshu Sharma (9081424710) (Surgery)	2C-2.4-Patient Safety & Biohazards safety Dr Pradeep Gupta (8839801226) (Microbiology)	4E-4.5.5-use of verbal and non-verbal empathetic communication techniques Dr Prashant Bhatnagar (8881309383) Physiology	Pandemic Module- History of Outbreak, Epidemics & Pandemics Dr Vishal Agarwal (9005921262) (CM)
Day-9 27.10.2026 Tuesday	2F-1.2-Documentation- Visit to MRD Section Dr Shalindra Pratap Singh (9559644756) (CM)	4I-4.11-Mentorship and its importance Dr Kapil Singh Niranjan (9643712126) (Obs & Gynae)	4F-4.6- respect of cultural diversities Dr Anil Kumar (9454224498) (Anesthesia)		4D-4.3-Assignment on value, honesty and respect during interaction with peers and seniors Dr Abhishek Sharma (9956624256) Anatomy	4G-4.7-Workshop on Stress management am Dr Mahesh Verma (8840348106) Anesthesia	4J- 4.12- Workshop on process of Group dynamics (Assignment and DOAP) Dr S K Rathore (7881107082) (ENT)	
Day-10 28.10.2026 Wednesday	1D-1.6 Overview of MBBS Various career pathways & opportunities for personal growth Dr Harsh Patel (7275447606) (Biochemistry)	3B-3.6-Community visit-interaction with patients and families Dr Shalendra Pratap Singh (9559644756) (CM)	4D-4.4- Importance & significance of working in health care team Dr Sujan Singh (9793085274) (CM)		4A- 4.1-Concept of Professionalism and ethics Consequences of unprofessional and unethical behavior Dr Harmurti Singh (9415915998) (Dentistry)	4H-4.9-Workshop on Time management Dr Laxmi (7607392775) (Patho)	4I-4.10- importance of interpersonal relationship while working in health Care team. Dr Dhiraj Km Mahajan (8853436822) (CM)	
Day-11 29.10.2026 Thursday	4J-4.13, 4.14, 4.15Learning skills (Assignment and SDL) Dr Nirmal Arya (9452591210) (Pharmacology)	3A-3.4,3.5-Health care system in India with reference to primary, secondary and tertiary level care Dr Nitin Km Singh (7355904782) (CM)			4J-4.12-Workshop on process of group learning & Group dynamics Dr S K Rathore (7881107082) (ENT)	4H-4.9-Time management (Assignment and (SDL) Dr Laxmi (7607392775) (Patho)	4I-4.10- Interpersonal relationship- Respect to Faculty and gratitude Dr Surya Prakash Shukla (8318982679) (Optha)	
Day-12 30.10.2026 Thursday	Speech by Principal Sir White Coat Ceremony & Charak Oath							
Day-13 31.10.2026 Thursday	Computer Skills Module Dr Ashish Dikshit (9410488804) (Statistician)				Sports activities Dr Charak Sangwan & Dr Ravinder Rajpoot (8433028732) (8299605365)			

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S No	Module	Color Code	Foundation Course of hours	Hours With Time Table
1	Orientation Module		15	Complete
2	Skills Module		15	Complete
3	Community orientation module		05	Complete
4	Professional Development and Ethics Module		20	Complete
5	Enhancement of Language and Computer Skills Module		10	Complete
6	Sports and extracurricular activities		15	Complete
7	Total		80	Complete

MEU Coordinator

Principal & Dean
Government Medical College,
Jalaun (Orai)